

**October is Breast Cancer Awareness Month: Pink Facts** 

- The first sign of breast cancer usually shows up on a woman's mammogram before it can be felt or any other symptoms are present.
- Early detection of breast cancer, through monthly breast self-exams and particularly yearly mammography after age 40, offer the best chance of survival.
- 68% of females surveyed at MBCC in January reported having a breast exam within the past year.